

## ALLERGY ALERT

Date: August 28, 2019 Dear Parent/Guardian,

Occasionally a health concern arises in the school setting that requires enlisting the support of parents/guardians and classmates to help make the classroom a safe and healthy place for all. This letter is to inform you that at least one student in your child's classroom has a severe allergy to peanuts and tree nuts. Strict avoidance of all nuts and nut products is the only way to prevent a **potentially life-threatening allergic reaction**. Even touching a small amount of a nut product or ingesting a trace amount of the allergen can lead to a life-threatening situation. We are asking for your assistance in providing a safe learning environment at school.

To reduce the risk of exposure, no peanuts or tree nuts will be allowed in your child's classroom this year. Please do not send any products containing peanuts or tree nuts for your child to eat during snack time. In addition, while these products are allowed in the lunchroom, it is also helpful to avoid these products during lunch if possible. Homemade food is not allowed for classroom parties or other classroom-wide consumption. Please read ingredient labels carefully. Because peanuts and tree nuts are often found in commercially prepared foods and because nuts may be listed by an unfamiliar name (e.g. arachis oil is peanut oil) and because the food might have been made where peanuts or tree nuts are processed, reading labels is not always easy. To help avoid nut products in this classroom, staff members will monitor the no-peanut/tree nut rule. If a food item is found in your child's snack with any nuts or nut products, the item will be saved and sent home with your child at the end of the day with an explanatory note.

If your child has eaten peanuts or any tree nuts for breakfast, please be sure their hands are washed before school. Following lunch and snack times, all children will wash their hands to help reduce the possible spread of nut proteins in the environment. Please remind your child not to share/trade any food, eating utensils, or food containers with other students.

We appreciate your support of these procedures. We believe <u>all</u> families understand a parent/guardian's concern and worry about their child's safety and that you will join us in protecting allergic students and the class environment so it is safe for all our students. Please complete and return this form so that we are certain every family has received this information. If you have any questions regarding ingredient lists or other questions, please contact one of us.

Sincerely,

Mrs. Robin Cottone Second Grade Teacher

(Return the portion below to your child's teacher on the first day of school)

I have read and understand the procedures regarding not sending peanuts or tree nuts or their products to school with my child. I agree to do my part in keeping all nut products out of this classroom.

Your child's name: \_\_\_\_\_

Parent/Guardian signature:

Date: \_\_\_\_\_